

Dear COSEW Partner,

You are receiving this letter because you have expressed interest in one or more of our programs. As you may know, Contemplative Outreach of Southeast Wisconsin (COSEW) was founded in Milwaukee almost thirty years ago. It is a Chapter of the international organization, Contemplative Outreach, LTD, founded by Father Thomas Keating, OCSO, a Cistercian monk. Currently there are Chapters in more than 40 countries worldwide.

As a Chapter, we share the parent organization's mission:

We embrace the process of transformation in Christ,
both in ourselves and in others,
through the practice of Centering Prayer.

In 2018, with guidance from the Holy Spirit, the Chapter took a leap of faith and opened the Center for Contemplative Living in Elm Grove, WI. This space has allowed us to offer a greater variety of programming to enhance the spiritual formation in the transformational process of contemplative prayer practices. Though closed for in-person attendance during the height of Covid-19, we continued to offer programs online via Zoom. We are now gradually opening the Center allowing in-person attendance with simultaneous on-line participation via Zoom. These programs are identified as Hybrid programs, events offered both in-person and also on-line participation options.

The rich listing of programs speaks best to the Center's integrity of mission. The popular mystic series has received wonderful reviews. The Introductory Centering Prayer Workshop is offered about four times annually, with six follow-up sessions. Last spring, the workshop "Centering Prayer as an 11th Step Practice", which serves all Twelve Step Programs, drew participants from across the globe including the UK and New Zealand, as well as from seven US states.

Thanks to generous donors COSEW does not turn anyone away who registers to attend a program. However, to cover our operating costs (rent, WIFI, Zoom, etc.), as well as the equipment necessary to make Hybrid events possible, we suggest 'please pay as able' and that includes paying more if one wants to make a charitable donation. COSEW has a diverse calendar of weekly, monthly, and annual programs, as well as monthly communal prayer opportunities. We are very grateful that many presenters volunteer their time.

Thank you for supporting our mission in the past by attending our programs and by donating to COSEW. During the last eighteen months, we have awarded over \$2,000 in scholarships to sixty-eight participants of our programs and retreats.

If you have funds available to help, we appreciate your support and partnership at this time to replenish the scholarship fund and help cover the Center for Contemplative Living operating costs, as well as recent purchases that enable us to better serve you during these challenging times.

Thank you for your generosity in considering our request.

With gratitude,

The Coordinating Team

Jill Nowlen, Jack Dierks, Kathryn Ann Kobelinski, SSND, Kenny Kohberger, Ann Koerner, CSA

Please use the "Donate" button on our website for your credit card or PayPal donation
<https://www.contemplativeoutreachwisconsin.org/>

Checks can be made out to **COSEW** and mailed to:
Center for Contemplative Living, 890 Elm Grove Road, Village Court, Building 1, #105, Elm Grove, WI 53122