

Contemplative Outreach of Southeast Wisconsin (COSEW)



Two Track Retreat: Advanced Intensive and Post Intensive

July 24-30, 2022

St Benedict's Abbey & Retreat Center

Benet Lake, WI

Centering Prayer retreats immerse participants in the practice of Centering Prayer as taught by Contemplative Outreach, Ltd. This two track retreat will allow the participants to come together for centering prayer, Lectio Divina, and meal times. The retreat will provide an atmosphere of silence, solitude and community. **The Advanced Intensive and Post Intensive prerequisite is an experience of an Intensive Retreat or the equivalent.** Please contact Ann Koerner if you have questions: 262-282-8622, akoerner45@gmail.com

Staff:

Ann Koerner, CSA

Commissioned presenter of Centering Prayer

Experienced spiritual director

Past Coordinator of COSEW -

Member of COSEW Coordinating Team -

Kathryn Ann Kobelinski, SSND

Commissioned presenter of Centering Prayer and Lectio Divina

Staffed retreats in WI, IA, and MI

Past Coordinator of COSEW

Member of COSEW Coordinating Team

Registration begins at 2:00 pm. Retreat begins at 4:00 pm on Sunday July 24 and ends with lunch on Saturday July 30, 2022. Cost of the retreat includes a private bedroom with bath, meals, snacks, soul friending, and materials.

Registration Fee: \$830

A non-refundable deposit of \$130 or the entire fee is to be included with the registration form.

The remaining balance of \$700 is due on July 15, 2022.

A limited number of partial scholarships are available. Please submit a request.

For anyone who is able, donations to the COSEW Scholarship Fund are welcome.

Contact: Ann Koerner at 262-282-8622, akoerner45@gmail.com if you have questions.

Retreat Registration

Two track retreat. Please check one:

Advanced Intensive Retreat (daily video)

Post Intensive Retreat (more prayer time)

Name _____ Telephone _____

Address _____ City _____ St _____ Zip _____

E-mail Address please print _____

Enclosed is my \$130 non-refundable deposit

Enclosed is \$830, full payment for retreat

Indicate special dietary/physical needs _____

Request a Scholarship please give reason _____

1. Make checks payable to: COSEW

Send to: Center for Contemplative Living, 890 Elm Grove Road, Village Court, Building 1, #105, Elm Grove, WI 53122

2. Pay in full [online with credit card](#) \$863 (service charge applies)