

**Retreat July 27-August 2, 2025**

**Siena Retreat Center, Racine, WI**

**Sponsored by Chicago, IL Chapter of Contemplative Outreach**

This seven-day retreat offers two tracks simultaneously: Intensive and Post-Intensive. If this is your first retreat longer than four days, the Intensive track is best for you. You will watch video talks from Fr. Thomas Keating's Spiritual Journey, followed by discussion. The Post-Intensive retreat has no videos and an additional period of Centering Prayer each day. Previous participation in an Intensive retreat is a prerequisite for the Post-Intensive retreat.

Check-in at the Siena Retreat Center begins at 2:00 PM Sunday July 27, with the retreat beginning at 3:30 PM. The retreat concludes after lunch on Saturday August 2, at 1 PM. The cost of the retreat including private room and private bath, meals, and materials is \$850.

Siena Retreat Center is in Racine, WI, 45 miles south of Milwaukee and 83 miles north of Chicago on the shores of Lake Michigan. There is elevator access to all floors and walking access to Lake Michigan on the property. (Directions are attached.)

**Retreat Guides:** Bill McElroy & JoAnne McElroy. With a master's degree in spirituality from Loyola University, Bill has been a retreat leader, teaching elder, and spiritual director. He has been an active member of Contemplative Outreach for 30 years and is a commissioned presenter of the Introduction to Centering Prayer workshop. JoAnne has an MA in Spirituality from Loyola University, is a commissioned presenter of the Introduction to Centering Prayer, a spiritual director, and a workshop facilitator. She has been active with Contemplative Outreach Chicago chapter since 2012 and currently serves on the Circle of Service leadership team.

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**For more information call Charlie Welsh at (331) 215-2254 or email [welshce@gmail.com](mailto:welshce@gmail.com)**

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**REGISTRATION FORM**

\_\_\_\_\_ Intensive Retreat or \_\_\_\_\_ Post-Intensive Retreat (Check one)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_

Enclosed is my check for: \_\_\_\_\_ \$850    Check number \_\_\_\_\_

or \$100 deposit -- Check Number \_\_\_\_\_ Final payment due by June 27, 2025.

Please indicate any special dietary or physical needs.

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Make checks payable to: **Contemplative Outreach Chicago**

Mail to: **Charlie Welsh 2279 Kaskaskia Ct, Naperville, IL 60565**

Cancellations before July 10 will be fully refundable.

Cancellations after July 10, \$346 will be deducted from your refund for food and expenses.