

Retreat Sponsored by Contemplative Outreach of Southeast Wisconsin (COSEW)

The Spiritual Journey via the Enneagram

December 7-10, 2023

Siena Retreat Center

Racine, WI

The Enneagram is an ancient holistic system that identifies nine personality types. It helps us learn what our strengths are as well as where we go when under stress. The Enneagram helps us understand and have compassion for ourselves and others. It is a powerful tool for Transformation.

This retreat will:

- ✓ Introduce the Nine personality types
- ✓ Explore the Directions of Integration and Stress and the Levels of Development
- ✓ Understand the role of presence –a contemplative approach to the Enneagram
- ✓ Conferences are interspersed with reflection time, silence, and Centering Prayer periods

Presenter: Carol Schindler

Carol Schindler has been practicing Centering Prayer for 30 years. In 2001 she became a Contemplative Outreach presenter and she has been co-leading a Centering Prayer Group since 2000. Carol was part of the New Jersey Chapter team and led yearly retreats at the Maris Stella Retreat House in Long Beach Island NJ. Carol studied Enneagram at the Enneagram Institute where she completed the course work required to be an instructor in 2009. Since then, she has taught many Enneagram programs with an emphasis on using the Enneagram for spiritual development.

Registration Information: (Thursday 3 pm to Sunday 1 pm)

Paying by check, the fee is \$415, includes private room, all meals, snacks, soul friending, and handouts.

A \$100 deposit is due by November 21 and is nonrefundable.

The balance of the retreat fee (\$315) is due by December 1, 2023.

Partial scholarships are available. Please submit a request.

For anyone who is able, donations to the COSEW Scholarship Fund are welcome.

Contact Ann Koerner at: akoerner45@gmail.com; 262-282-8622 (Text or leave a message)

Name: _____ Phone _____

Address: _____ City/St: _____

E-mail: (please print) _____

Indicate dietary and physical needs:

Request a scholarship: (include reason)

1. Make checks payable to: COSEW

Send to: COSEW 4830 W Edgerton Ave, Greenfield, WI 53220

2. Pay by credit card <https://www.contemplativewisconsin.org/retreat> (\$17 Service Fee applies)