



Jack Dierks:

"Come to me all you who are weary and burdened and I will give you rest." Matthew 28:11

Making Centering Prayer, Lectio Divina and The Welcoming Prayer a part of my spiritual path has made me much more receptive to the Spirit's presence in my life, supporting, inspiring and leading me. These contemplative practices are teaching me to rest in God, freeing me to better love, work with and serve others.

If you feel the Spirit calling you, I invite you to explore Centering Prayer and these other forms of prayer. Discover the possibility of resting in the healing presence of God, of being better able to help in Jesus' work of lifting burdens.