

Contemplative Art Making Instructor



Sister Patty Rass, SSND will facilitate the contemplative art sessions. Patty has an MS in Art Therapy and is a registered/certified art therapist who currently teaches in the graduate art therapy program at Mount Mary University. Over the years she has been involved in both educational and clinical art practices, focusing on the spiritual impact of the arts on one's growth in wholeness. She has also facilitated ArtPrayer retreats and workshops for various organizations. As an artist Patty enjoys both quilting and watercolor.