

Debbie Harmon



Debbie Harmon has practiced Centering Prayer for 30 years. Since the mid-1990s, she has been significantly involved with Contemplative Outreach in the Midwest, spoken on a variety of spiritual topics, and been a commissioned presenter of the Introductory Centering Prayer Workshop. Debbie is a spiritual director and holds a Master of Divinity and Master's in Pastoral Counseling from Loyola University Chicago.